



Oral Appliance Therapy is indicated for mild to moderate OSA patients if they prefer it to Continuous Positive Airway Pressure (CPAP), the standard treatment therapy, cannot tolerate CPAP, or are unable to use positional therapy or weight loss to control their apnea.

Oral appliances are also recommended for severe OSA patients if they cannot tolerate CPAP. Patients with severe OSA should always try CPAP before considering oral appliance therapy.